Acknowledgements
About the author
Publications
They say it takes a village to raise a child (as I no doubt will find out), but it has taken the support of many individuals across two countries on both sides of the Channel for this brainchild to come to fruition, and this dissertation would not be complete without giving proper thanks to all of them.

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ABOUT THE AUTHOR

Charlotte Vrinten was born in Arnhem in 1983. After finishing her secondary education at Gymnasium Apeldoorn, she studied Medicine, Psychology, and Philosophy at Utrecht University in Utrecht, the Netherlands. She obtained her Master’s degree in Medicine and Bachelor’s degrees in Psychology (Cognitive Neuroscience, cum laude) and Philosophy in 2010.

She joined the Department of Clinical Genetics, section Community Genetics and Public Health Genomics, at VU University Medical Center in Amsterdam, the Netherlands, in November 2010, where she was appointed as junior researcher on the project “From rationing to rationality: an n-of-one trial service for off-label medicines for rare (neuromuscular) diseases”. From July 2012 onwards, she continued to work on this project as an external PhD candidate under supervision of Professor Martina Cornel (VU University Medical Center, Amsterdam), Professor Jan Verschuuren (Leiden University Medical Center, Leiden) and Dr Stephanie Weinreich (VU University Medical Center, Amsterdam). Charlotte was a collaborator on the follow-up project “Implementation of n=1 trial methodology in the assessment of health care reimbursement” from 2014-2015.

In August 2012, she relocated to London, UK, where she took up a position as a research psychologist in the Health Behaviour Research Centre (HBRC; now the Department of Behavioural Science and Health) at University College London. There, she examines the effect of cancer fear on uptake of population screening for cancer, as part of a Cancer Research UK programme grant awarded to the late Professor Jane Wardle. In addition to her research, Charlotte has been an active and founding member of UCL’s Qualitative Health Research Network (QHRN) from 2013 to mid-2017. She has organised three Qualitative Health Research conferences (2013, 2015, 2017) and various seminars (2015-2017), as well as the HBRC conference (2014) and The Lancet Public Health Science conference (2017). She contributes lectures on n-of-one trials and novel intervention designs to the MSc Cancer and MSc Health Psychology courses at UCL, has successfully supervised 8 MSc students to date and is currently supervising a PhD student in the Department of Behavioural Science and Health at UCL. She is an active contributor to the Department’s “Health Chatter” blog and the BSH Cancer Screening, Help-Seeking, and Prevention Journal Club on PubMed Commons. Her research has been featured by various media, such as the BBC Radio Asian Network, BBC Radio Wales, eCancer.tv, the Daily Mail, Sky News Radio, BioMedCentral blog, American Association for Cancer Research blog, and various regional BBC radio stations.

She lives with her partner Robert Threlfall and their daughter Izzy in Brighton & Hove, UK.
Publications

PUBLICATIONS

Scientific publications


Publications


**Published conference abstracts**


Publications


Invited presentations

2016
"What is ‘a good death’?", Older People Forum, Caritas Social Action Network, London, UK

2015
"Cancer fear", Consumer Insight Team, Cancer Research UK, London, UK

2013
"Cancer fear in cancer screening", Policy and Information team, Cancer Research UK, London, UK
"From rationing to rationality: availability of medicines for rare diseases", Department of Clinical Genetics, Erasmus University Medical Centre, Rotterdam, The Netherlands

2012
"Ethical issues posed by n-of-one trials", VU University Medical Centre, Amsterdam, The Netherlands

2011
"From rationing to rationality: an n-of-one trial service for rare neuromuscular diseases", University of Queensland, Brisbane and Ipswich, Australia
From rationing to rationality
Feasibility and acceptability of n-of-one trials for rare diseases
Charlotte Vrinten