Table of contents

Chapter 1  General introduction and thesis outline  9

Chapter 2  Targeting synaptic dysfunction in Alzheimer's disease by administering a specific nutrient combination  21
  *J Alzheimers Dis. 2014;38:459-79*

Chapter 3  Plasma choline concentration varies with different dietary levels of vitamins B\(_6\), B\(_{12}\) and folic acid in rats maintained on choline-adequate diets  69
  *Br J Nutr. 2012;107:1408-12*

Chapter 4  Combined dietary folate, vitamin B-12, and vitamin B-6 intake influences plasma docosahexaenoic acid concentration in rats  85
  *Nutr Metab. 2012;9:49*

Chapter 5  Dietary crude lecithin increases systemic availability of dietary docosahexaenoic acid with combined intake in rats  105
  *Lipids. 2016;51:833-46*

Chapter 6  Synaptic membrane synthesis in rats depends on dietary sufficiency of vitamin C, vitamin E, and selenium: relevance for Alzheimer's disease  137
  *J Alzheimers Dis. 2017;59:301-11*

Chapter 7  A specific multi-nutrient enriched diet enhances hippocampal cholinergic transmission in aged rats  163
  *Neurobiol Aging. 2015;36:344-51*

Chapter 8  Nutritional approaches in the risk reduction and management of Alzheimer's disease  191
  *Nutrition. 2013;29:1080-89*

Chapter 9  Nutrients required for phospholipid synthesis are lower in blood and cerebrospinal fluid in mild cognitive impairment and Alzheimer’s disease dementia  223
  *Alzheimer’s & Dementia: Diagnosis, Assessment & Disease Monitoring. 2017;8:139-46*
Chapter 10  A nutritional approach to ameliorate altered phospholipid metabolism in Alzheimer’s disease  249
J Alzheimers Dis. 2014;41:715-7

Chapter 11  Summary and general discussion  259

Addendum  Nederlandse samenvatting  288
List of author affiliations  304
List of publications  306
Dankwoord  308
About the author  312