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ABOUT THE AUTHOR

Christine Musyimi is a researcher with special interest in community mental health. She obtained her Bachelor’s degree in Nursing and Masters in Medical Statistics from the University of Nairobi. She has also been a recipient of two Grand Challenges Canada grants that emphasized on the importance of training non-mental health specialists and community providers in rural settings to provide evidence-based practice (mental health Global action programme Intervention Guide – mhGAP-IG) to their patients. The implementation of these projects saw many populations recovering from priority mental disorders and resuming their usual duties which reduced the economic and social burden for caregivers.

The results have been widely presented at local and international conferences, workshops, uploaded on websites and published in newsletters, books and peer-reviewed journals. The author’s aim of generating a wider audience during dissemination of findings is to share new information and insight while encouraging participation and positive health outcomes to involved stakeholders.

Christine has been a pioneer in Kenya to introduce evidence-based practice among traditional and faith healers. She recently received a grant from Grand Challenges Africa that targets the traditional birth attendants - who are not discussed in this book, in order to meet the Sustainable Development Goal 3 that targets maternal, neonatal and Child Health.

She currently works at Africa Mental Health Foundation (AMHF) as a researcher and the head of research ethics and scientific publications department. She also supervises bachelors and masters students interested in writing their thesis and manuscripts through AMHF.