

# C O N T E N T S

|                  |  |    |
|------------------|--|----|
| <b>Chapter 1</b> | General introduction and outline of the thesis   | 9  |
| <b>Part 1</b>    |  |    |
|                  | In-hospital treatment delay for acute ischemic stroke patients   | 23 |
| <b>Chapter 2</b> | Achieving a door-to-needle time of 25 minutes in thrombolysis for acute ischemic stroke: a quality improvement project               | 25 |
| <b>Chapter 3</b> | Short door-to-needle times in acute ischemic stroke and prospective identification of its delaying factors                           | 43 |
| <b>Part 2</b>    |  |    |
|                  | Secondary prevention after ischemic stroke and TIA   | 61 |
| <b>Chapter 4</b> | Limited efficacy of a long-term secondary prevention program in ischemic stroke and transient ischemic attack patients               | 63 |
| <b>Chapter 5</b> | A motivational interviewing-based secondary prevention program to improve risk factor management in ischemic stroke and TIA patients | 77 |
| <b>Chapter 6</b> | Safety and feasibility of post-stroke care and exercise after minor ischemic stroke or transient ischemic attack: MotiveS & MoveIT   | 91 |

|                   |  |     |
|-------------------|--|-----|
| <b>Chapter 7</b>  | A randomised controlled trial of aerobic exercise after transient ischaemic attack or minor stroke to prevent cognitive decline: the MoveIT study protocol               | 107 |
| <b>Chapter 8</b>  | Practice variation in long-term secondary stroke prevention in the Netherlands   | 125 |
| <b>Chapter 9</b>  | Effects of lifestyle interventions to prevent recurrent cardiovascular events after transient ischemic attack and ischemic stroke: a systematic review and meta-analysis | 141 |
| <b>Chapter 10</b> | General discussion   | 175 |
| <b>Chapter 11</b> |  | 191 |
|                   | Summary  | 192 |
|                   | Samenvatting   | 198 |
|                   | Publications   | 204 |
|                   | Dankwoord  | 206 |
|                   | Curriculum vitae   | 212 |