Evaluation of Integrated Community-wide Intervention Approaches to prevent overweight in children

Supportive tools and critical success factors to programme evaluation performance

Marije van Koperen
The studies in this thesis were conducted at the Department of Health Sciences and the EMGO+ Institute for Health and Care Research at the VU University Amsterdam, the Netherlands.

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ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad Doctor aan de Vrije Universiteit Amsterdam, op gezag van de rector magnificus prof. dr. V. Subramaniam, in het openbaar te verdedigen ten overstaan van de promotiecommissie van de Faculteit der Aard- en Levenswetenschappen op woensdag 21 december 2016 om 15.45 uur in de aula van de universiteit, De Boelelaan 1105

door
Tessa Marije van Koperen geboren te Oss
promotoren: prof.dr.ir. J.C. Seidell
prof.dr.ir. A.J. Schuit

copromotor: dr. C.M. Renders
[Alice says] ‘Would you tell me, please, which way I ought to go from here?’

‘That depends a good deal on where you want to get to,’ said the Cat.

‘I don’t much care where—’ said Alice.

‘Then it doesn’t matter which way you go,’ said the Cat.

‘--so long as I get somewhere,’ Alice added as an explanation.

‘Oh, you’re sure to do that,’ said the Cat, ‘if you only walk long enough.’

From: Alice’s Adventures in Wonderland, Lewis Carrol

In every job that must be done, there is an element of fun.
You find the fun, and – SNAP! - the job’s a game!

From: Mary Poppins, P.L. Travers
This thesis is dedicated to my dad and his once brilliant mind