# Table of contents

## Introduction 11

**Chapter 1:** General introduction 13

## Depression and anxiety in visually impaired older adults 27

**Chapter 2:** Major depressive and anxiety disorders in visually impaired older adults. *Invest Ophthalmol Vis Sci* 2015; 56:849-54 29

**Chapter 3:** Validated prediction model of subthreshold depression in visually impaired older adults: based on a European and Australian sample. *Ophthalmology* 2016 [Epub ahead of print] 43

**Chapter 4:** Why visually impaired older adults often do not receive mental health services: the patient’s perspective. *Qual Life Res* 2014; 24:969-78 63

**Chapter 5:** Treatments of mental health problems in visually impaired adults: systematic review and meta-analysis. *Submitted* 79

## Stepped care intervention 111

**Chapter 6:** Stepped care to prevent depression and anxiety in visually impaired older adults: design of a randomised controlled trial. *BMC Psychiatry* 2013; 13:209 113

**Chapter 7:** Watchful waiting for subthreshold depression and anxiety in visually impaired older adults. *Qual Life Res* 2015; 24:2885-93 129

**Chapter 8:** Stepped care for depression and anxiety in visually impaired older adults: a multicentre randomised controlled trial. *BMI* 2015; 351:h6127 145

**Chapter 9:** Economic evaluation of stepped care for depression and anxiety in visually impaired older adults: multicentre randomised controlled trial. *Submitted* 167

## Discussion and summary 185

**Chapter 10:** Summary and general discussion 187

**Chapter 11:** Nederlandse samenvatting (Dutch summary) 201

Dankwoord (acknowledgements) 207

Curriculum Vitae 211