## Contents

1 Introduction
   1.1 Initial Exploration 1
   1.2 Subject Matter of Inquiry 8
   1.3 History of the Christian Integration Debate 22
   1.4 Worldview Topics under Discussion 25
   1.5 Focus of the Inquiry 34
   1.6 Field, Method, and Outline of the Inquiry 38

2 Sources of Knowledge
   2.1 Numbers 43
   2.2 Knowledge in Secular Psychology 44
   2.3 The Bible as Primary Source of Knowledge 53
   2.4 Internal Debates 62
   2.5 Adjusted Pathways 64
   2.6 Conclusion 74

3 Being Human
   3.1 Numbers 77
   3.2 Biblical Basics 78
   3.3 Other Influences 101
   3.4 Conclusion 111

4 Psychotherapy
   4.1 Numbers 116
   4.2 What is Psychotherapy About? 116
   4.3 Christian Sources 124
   4.4 How Does Psychotherapy Work? Protocolled Methods 128
   4.5 Spiritual Interventions 131
   4.6 The Therapeutic Relationship 139
   4.7 Institutional Environment 149
4.8 Mutual Differences in the How
4.9 Why Should Psychotherapy Be What It Is
4.10 Conclusion

5 Internal Evaluation of Psychology and Psychotherapy in Relation to Worldview
5.1 Numbers
5.2 The Impact of Worldviews
5.3 Disagreements on Epistemology
5.4 Disagreements on Anthropology
5.5 Disagreements on Psychotherapy
5.6 Discussion

6 External Evaluation of Psychology and Psychotherapy in Relation to Worldview
6.1 Reformational Philosophy as an External Standard
6.2 Psychological Science Dependent on Biblical Truths Ad a)
6.3 Theology and Psychology: Two Sources (Ad b)
6.4 Psychology and Psychotherapy (Ad c)
6.5 Psychotherapy and Pastoral Care (Ad d)
6.6 Historical Reflections on the Self
6.7 Control and/or Surrender of the Self (Ad e)
6.8 Conclusion

7 Psychotherapy and Christianity
7.1 Tensions
7.2 From Tensions to Polarities
7.3 The Compatibility of Christian Faith and Psychotherapy Examined
7.4 Conclusions

8 Generalizing the Results
8.1 Criteria for the Procedure of Generalizing
8.2 Jewish Orthodoxy
8.3 Islam
8.4 East Asian Cultures
8.5 African Cultures
8.6 Transpersonal Psychology
8.7 Conclusion