Table of Contents

Chapter 1 General introduction 7
Chapter 2 Shifting from car to active transport: A systematic review of the effectiveness of interventions 21
Chapter 3 Health in All Policies? The case of policies to promote bicycle use in the Netherlands 53
Chapter 4 Personal and environmental characteristics associated with choice of active transport modes versus car use for different trip purposes of trips up to 7.5 kilometers in the Netherlands 71
Chapter 5 How combined trip purposes are associated with transport choice for short distance trips. Results from a cross-sectional study in the Netherlands 93
Chapter 6 Perceived Accessibility is An Important Factor in Transport Choice — Results from the AVENUE Project 111
Chapter 7 Transport choice when travelling to a sports facility: the role of perceived route features 135
Chapter 8 Transport choice, a matter of habit? – results from Dutch focus groups 167
Chapter 9 Perceived health status associated with transport choice for short distance trips 181
Chapter 10 General discussion 199
Appendix 1 impActs of actiVE traNsport in Urban Environments (AVENUE) project 219

Summary 227
Samenvatting 235
Dankwoord 243
Curriculum Vitae 249