# Table of contents

**Chapter 1** – General introduction 1

**Chapter 2** - Single-item screening for agoraphobic symptoms: validation of an internet-based audiovisual screening instrument 15

**Chapter 3** - Internet-based screening for suicidal ideation in common mental disorders 35

**Chapter 4** - The quality of online suicide prevention in the Netherlands and Flanders in 2007 51

**Chapter 5** - The effects of an internet-based self-help course for reducing panic symptoms. Don’t Panic Online: study protocol for a randomised controlled trial 61

**Chapter 6** - Low-intensity treatment for panic symptoms – A pragmatic randomised controlled trial of an internet-based guided self-help intervention 75

**Chapter 7** - Adherence to internet-based and face-to-face cognitive behavioural therapy for depression: a meta-analysis 97

**Chapter 8** - General discussion 123

**Summary** 135

**Samenvatting** 141

**Acknowledgements / dankwoord** 147

**About the author** 151

**Publications** 152