Contents

Chapter 1  General introduction  7
Chapter 2  Are the force characteristics of synchronous handcycling affected by speed and the method to impose power?  21
Chapter 3  Force application in handcycling and handrim wheelchair propulsion: an initial comparison  37
Chapter 4  Shoulder load during handcycling at different incline and speed conditions  51
Chapter 5  Shoulder load during synchronous handcycling and handrim wheelchair propulsion in persons with paraplegia  67
Chapter 6  Propulsion style and mechanical efficiency during handcycling at different power outputs  83
Chapter 7  The effect of crank position and backrest inclination on shoulder load and mechanical efficiency during handcycling  97
Chapter 8  Discussion  113
References  131
Summary  147
Samenvatting  153
Zusammenfassung  159
Appendix  Development and validity of an instrumented handbike: initial results of propulsion kinetics  165
Thanks  181
Publications  185
Curriculum Vitae  189