

Contents

CHAPTER 1	General Introduction	7
CHAPTER 2	Self-monitoring of blood glucose in patients with type 2 diabetes mellitus who are not using insulin: a systematic review	17
CHAPTER 3	Effects of self-monitoring of glucose in non-insulin treated patients with type 2 diabetes: design of the IN CONTROL-trial	69
CHAPTER 4	Effects of self-monitoring of glucose in blood or urine on HbA1c in non-insulin treated type 2 diabetes patients	87
CHAPTER 5	Effects of self-monitoring of glucose in blood or urine on diabetes-specific emotional distress and self-efficacy in patients with non-insulin treated type 2 diabetes	97
CHAPTER 6	Self-monitoring of glucose levels in blood or urine does not change illness perceptions	121
CHAPTER 7	Experience of hypoglycaemia is associated with changes in beliefs about diabetes in patients with type 2 diabetes	135
CHAPTER 8	General Discussion	151
	Summary	171
	Samenvatting	177
	Dankwoord	183
	List of publications	189