



Uriëll Malanda was born on July 2nd, 1977 in Raalte, the Netherlands. After finishing secondary school (MAVO 1993; HAVO 1995) he studied Physiotherapy from 1995 to 1999 at the Hanze University of Applied Sciences Groningen. In 1999 he started the study Biomedical Health Sciences, with a major in Human Movement Sciences at the Radboud University Nijmegen and obtained his degree in 2003. From 2003 to 2005 he worked as a physiotherapist for the Royal Dutch Speed Skating Association (KNSB). From 2005 to 2007 he worked on two research projects on overweight, obesity and thermoregulation at the department of Human Biology at Maastricht University, supervised by Prof. dr. ir. Wim H. Saris and dr. Wouter D. van Marken Lichtenbelt.

In March 2007, he started the PhD project described in this thesis, at the department of General Practice, EMGO Institute for Health and Care Research (EMGO+), VU University Medical Center and under the supervision of Prof. dr. Giel Nijpels, Prof. dr. ir. Jacqueline M. Dekker and dr. Sandra D. Bot.

In 2010 he spent two months at the Clinical Trials Unit of the Department of Primary Health Care, University of Oxford, Oxford (UK), under the supervision of Prof. dr. Andrew J. Farmer.

He finished the Postgraduate Master's program in Epidemiology of the VU University Medical Center Amsterdam in 2011.

Since April 2011 he is working on the kiesBeter.nl project of the National Institute for Public Health and the Environment (RIVM). There he is contributing to new developments on public disclosure of performance indicators in health care.

# Self-Monitoring of Blood Glucose: are they IN CONTROL?

Self-Monitoring of Blood Glucose: are they IN CONTROL?

Uriëll Malanda



Uriëll Malanda